



**Philippe's
First**

**Ray's
Hundredth**

Run4Kids x 20

Kenyan Egg Story

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Coach Brian led all the way to win his age group at Geelong Half

Forthcoming Events

Sat	25th Apr	April Handicap & Morning Tea
Sat	16th May	XCR Jells Park Relays
Sat	30th May	May Handicap & Morning Tea
Mon	15th June	Committee Meeting - 7:30pm (zoom)

The Hobbos - a social club with a running problem



Membership

2026 Memberships were due on 2nd April

<https://www.hobbos.org.au/new-membership-link/>

Adult: \$70 (unchanged)

Pensioner/Student/Concessions: \$30 (unchanged)

Children (part of a family): \$15 each individually registered
(Family membership category discontinued)

Runners who are not financial members are free to enter the monthly handicap but are not eligible to win the PRIZED KENYAN EGG

FACEBOOK & INSTAGRAM

Don't forget our social media. It's a great way to share information or gossip, rather than waiting for the newsletter.

WEBSITE

www.hobbos.org.au



From the Editor's Desk

with Michael Slee



An issue packed with milestones - Philippe's first egg and Ray's 100th Run are the obvious ones. But we also have a new secretary and president, 2nd & 3rd from left, Sarah and Jimmy in the photo below along with Victoria (2nd from right) also new to the committee. Please check page 2 for the full committee. We have Michael Musgrove's other milestone of 20 Runs 4 the Kids. The Kenyan Egg origin story and the foreshadowing of change to TJC eligibility. All that plus results and tables galore. So, there is only one thing left to say,

"See you at the start line. 7:40am (or earlier) avoids the queue for handicap #368".



The former committee morphing into the new...

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Jogging with Jimmy



It's a real honour to be writing my first President's column for the Hobbos. I'm genuinely excited to take on the role and to give back to a club that has meant a great deal to me over the past four years. When I first joined, I didn't know anyone, and coming from across the river in Port Melbourne I wasn't quite sure what to expect. Any nerves were quickly put to rest—the friendliness, warmth, and inclusiveness of the club were obvious from day one. While running is what brings us together, it was the people who made me feel welcome, and that sense of belonging is what makes Hobbos so special

Before looking ahead, I want to acknowledge and thank our past President, **John Gray**. Having commenced a handover, I understand

firsthand just how much time, care, and dedication John put into the role. There is a significant amount of work that happens behind the scenes to keep the club running smoothly, and it's clear that Hobbos is in a strong position thanks to John's commitment. I'm very grateful for his efforts and for the solid foundation he has left the club.

For those who don't know me well, I grew up in Tasmania—again, following in John's footsteps with the same island roots. My running journey started very early, lining up for my first fun run, the Burnie 10 in 1992, at just eight years old. I crossed the finish line in a memorable 1:06:01, and while I probably didn't appreciate it at the time, that experience planted the seed for a life-



James setting the pace with his dad at the Burnie 10 in 1992



long connection with running.

In later years, I spent time running with the MSAC running group and the Crosbie Crew, alongside stints in triathlon, footy and soccer. Despite trying a range of sports, running was always the constant that kept drawing me back. I eventually stepped up to the marathon, running my first Melbourne Marathon in 2014 and finishing in 3 hours 45 minutes—hard work, but incredibly rewarding.

I joined Hobbos in April 2022, and it didn't take long to see what makes this club unique. The camaraderie and supportive culture here are second to none. Whether you're chasing a personal best or simply working on fitness and consistency, the encouragement from fellow members makes all the difference. Since joining, I've improved my personal bests at every distance—from 1000m right through to the marathon—and I've done all of that over the age of 40. That's a testament not just to training, but to the positive environment Hobbos provides.

On an administrative note, our **new membership year has now commenced**, and membership fees are due. To renew or join, please visit our website at **www.hobbos.org.au** and follow the **New Membership** link at the top of the page. Your membership helps support the training sessions, events, insurance and community that make Hobbos what it is.

Looking ahead, I'm really excited about the year to come. With our regular training sessions, races, and social events, I'd love to see as many members as possible getting involved—whether that's running, volunteering, racing in club colours, or lending a hand behind the scenes. Hobbos thrives when everyone contributes, and no contribution is too small.

Thank you for the opportunity to serve as President. I'm looking forward to a great year ahead and sharing plenty of miles together.

Happy running,
James Dwyer
President, Hobbos

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100 HANDICAPS

RAY BARNARD

A century in any sport is a milestone.

But when it represents an association with a club like the Hobbos, Ray will be the first to admit that this '100' is extra special. It ensures that Ray will be mentioned in the company of a number of legendary Hobbo identities.

I will let the Greenwich Cup standings (pp 14-16) reveal the names - simply run your finger down the 'Grand Total' column on the far right of all 3 pages (77 individuals have run handicaps so far this year).

There are currently 10 who have notched 100 handicaps or more. But, as a club with a lengthening history, it was established in 1994 and this month's 5km handicap is #368, there are many more Hobbos who have graced our bayside course more than 100 times. Sadly, some are no longer with us. Others have not run with us in 2026 for one reason or another. That too is the nature of a sporting club and is part of our story.

So, congratulations Ray Barnard. No one in the club would be prouder of this achievement than Ray himself.

Ray loves this club. When given the opportunity he speaks highly of the Hobbos for what it has done for him and what he has seen it do for others. Ray is also one who puts back. A keener volunteer you couldn't find and a guy who loves a chat before, during and post-race is no secret.

As is customary following the presentation of Ray's '100 Runs' shirt, club founder Eero Keranen, spoke to the assembled of Ray's record with the Hobbos - dates, times, wins, GC & TJC placings and so much more. And Ray has quite a record.

Ray had his first run in June 2004 and has run at least one handicap in each of the years since - sometimes only one or two, others times all.



Ray on his way to his third back-to-back handicap win in Feb '24

Ray finished 3rd in GC in '05 and 2nd in '17. In 2017 he also won the Ted Joy Cup which, knowing Ray, was probably his biggest thrill.

Ray's Kenyan Egg collection is second to none. He has 9.

That's right, NINE (9).

No other Hobbo has more than 7.

And get this, THREE times Ray has had back to back wins. Seasons '05, '17 & '24. Spread across his time running with the Hobson's Bay Running Club.

Congratulations again Ray, you're definitely NOT a one-hit-wonder!

By Michael Slee



The History of the Handicap 'Kenyan' Egg



By Eero Keranen

WHAT WOULD BE an appropriate "prize" to be awarded to each month's Handicap winner?

Both Sara and I were giving it due consideration and investigating options. We stumbled upon an African stall located in Customs House in Williamstown and were looking for something different for a trophy.

We both saw it! What a fantastic memento; colourful, small, inexpensive and easily acquired for future Handicaps.

What sold us was that it was Kenyan, a soapstone painted with various pictures on it, and as the story goes a symbol of strength.

The legend of Kenyan warriors taking the stone into battle giving them strength and good luck. An added mystique was its power of fertility.

These stones are crafted by individualised artists which adds to its uniqueness of each stone egg.

#Footnote:

Known as steatite, a metamorphic rock prized for its softness, heat resistance, and non-porous nature. Also known as a "Kiisi" stone named after the Kenyan tribe that mines the stone.

Steatite



THERE HAVE BEEN 367 Hobsons Bay Running Club handicaps so far. That's a lot of Kenyan Eggs, but has it been 367? When asked this question Eero consulted past issues of Home Runs and is confident that **Jenny Griffin**, the winner in September 1994 was presented with a Kenyan Egg. The September Handicap was handicap number three. As for the very first, or even the second, Eero is unsure. So, the question remains do **Anthony McAllister** winner of the first Hobbos Handicap (July '94) and **Greg Hammond** winner of the second (August '94) have Kenyan Eggs? If either are reading this or if anyone from either of those races is reading this, please reach out and let us know.

Michael Slee



March Handicap

Philippe Delecheneau won the March 5km handicap. It was his first win earning him a Kenyan Egg. It was also Philippe's 28th run with the Hobbos.

A grey and wet Saturday morning created a more level playing field than usual with only a few challenging their PBs and AGPBs.

Philippe has been a fixture at the Hobbos for a number of years. His passion for longer, off road events has seen him dive deeply into trail running



...and at the handicap turn



Philippe 'group selfieing' at Newport Lakes...

If you scroll through Facebook you will notice Philippe as the photographer at hill runs and in group shots at the finish of trail events. The Home Runs cover photo shows Philippe with his Kenyan Egg alongside Ray Barnard with his 'milestone' shirt.

The quickest handicap of the day was by Wayyln Turner 18:26 (-0:44), Ethan Orme 19:17 (-0:27) and Dean Crowley 19:53.

Shane Eager, Shane Adams and Evelyn Orme also set new PBs for our course.

It was nice to see Lois Speakman and Peter Buissink back on the handicap course setting and achieving goals. Lois was pleased just to be there, in amongst it and Peter completed a nonstop out and back (2.4km).

For a complete run down of times, placings and points check out the official results on pp 9 -10.

By Michael Slee

The Cups *By Mick Beasley*

Michael Musgrove has leapt to a healthy lead over Magnus Vaisnys and **Neil Speakman**, with **Brian Armstrong** looking dangerous in fourth off only two events.

Michael has discharged his mandatory assist, so is well placed for the remainder of the season, as well as dominating the Ted Joy from... Neil and Brian.

But with nine events to go, and the best eight results scoring, everyone can still win - even if it is better to have the points on the board.

The latest GC & TJC standing are on pp 14-16.

Hobbos Handicap March 2026- 367th Running



Pos	Name	Finish	Time	Start	PB	AGPB	Split 1	Split 2	Points	Bonus	Total
Greenwich Cup											
1	Philippe Delecheneau	48:32	27:32	21:00	26:05	26:49	14:15	13:17	20	4	24
2	Eero Keranan	48:59	27:49	21:10	16:13	27:20	13:31	14:18	19	7	26
3	Neil Speakman	49:55	24:10	25:45	23:15	23:56	12:16	11:54	18	9	27
4	Dean Crowley	50:18	19:53	30:25	19:46	19:54	9:58	9:55	17	12	29
5	Belinda Fithie	50:24	30:04	20:20	27:34	28:27	14:58	15:06	16	0	16
6	Tara Fairbrother	50:40	31:10	19:30	28:56	30:10	16:02	15:08	15	2	17
7	Sarah Lowe	50:43	26:13	24:30	23:52	24:15	12:50	13:23	14	0	14
8	Anna Bovdis	50:46	27:11	23:35	26:02	26:21	13:21	13:50	13	3	16
9	John Gray	50:51	21:26	29:25	18:51	20:11	10:37	10:49	12	0	12
10	William Hart	50:57	28:57	22:00	27:59	28:27	14:26	14:31	11	7	18
11	Ray Barnard	51:04	33:34	17:30	22:12	26:49	16:24	17:10	10	0	10
12	Matt Loader	51:07	23:22	27:45	22:06	22:25	11:43	11:39	9	2	11
13	Helen Vaxevanis	51:09	26:49	24:20	24:53	25:29	13:29	13:20	8	0	8
14	Jac Wainwright	51:18	28:43	22:35	27:26	27:39	14:42	14:01	7	1	8
15	Magnus Vaisnys	51:18	20:03	31:15	18:48	18:52	9:48	10:15	6	0	6
16	Melissa Rutze	51:31	29:11	22:20	26:02	27:32	14:51	14:20	5	0	5
17	Michael Slee (Walk)	52:00	41:30	10:30	38:43	39:25	20:40	20:50	5	0	5
18	Victoria Hartos	52:07	31:37	20:30	30:01	30:25	15:44	15:53	5	0	5
19	Michael Williams	52:40	22:20	30:20	18:53	19:02	10:48	11:32	5	0	5
20	Rob Falloon (Walk)	53:19	37:49	15:30	34:05	34:36	18:43	19:06	5	0	5
21	Helen Haralambous	54:24	38:39	15:45	34:21	34:48	19:26	19:13	5	0	5
22	Diane Donoghue	55:44	36:34	19:10	30:23	31:07	17:28	19:06	5	0	5

Ineligible

1	Waylyn Turner	49:41	18:26	31:15	19:10	19:10	9:24	9:02	10	0	10
2	Ethan Orne	49:47	19:17	30:30	19:44	19:44	9:34	9:43	10	0	10
3	Andrew Orne	50:38	22:43	27:55			11:26	11:17	10	0	10
4	Kieran Leonard (Pet)	50:49	23:04	27:45	22:26	22:36	11:34	11:30	10	0	10

Hobbos Handicap March 2026- 367th Running

Pos	Name	Finish	Time	Start	PB	AGPB	Split 1	Split 2	Points	Bonus	Total
5	Shane Eager	50:08	23:28	26:40	23:39	23:39	11:40	11:48	10	0	10
6	Shane Adams	49:35	23:35	26:00	24:39	24:39	11:55	11:40	10	0	10
7	Cain Speakman	49:56	24:11	25:45	19:26	19:44	12:17	11:54	10	0	10
8	Jimmy Dwyer	50:03	25:03	25:00	18:40	18:40	12:24	12:39	10	0	10
9	Evelyn Orme	48:26	25:26	23:00	27:28	27:28	12:31	12:55	10	0	10
10	Rene Rutze	50:07	25:27	24:40	24:48	25:08	12:47	12:40	10	0	10
11	Mila Williams	53:31	35:31	18:00	32:41	32:41	18:11	17:20	10	0	10
Ineligible 2.5km											
1	Peter Buissink (Walk 2.5km)	28:54	18:39	10:15	19:36	19:36	18:39		10	0	10
2	Lois Speakman (2.5km)	35:27	25:27	10:00	25:24	25:33	25:27		10	0	10

Results are displayed in Finishing order for the Greenwich Cup, and by Elapsed time otherwise.



Passing the baton...of sorts

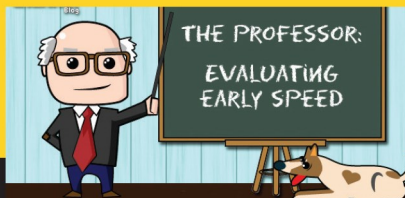


Eero highlights Ray's 100 runs...
...highlights aplenty



Brony & John's final AGM





Handicapper's Corner

with Mick Beasley

The Ted Joy Cup

History

Ted Joy was the original patron of the club. On his passing many years ago and recognising how much the club meant to him, his family made a very generous donation to club funds with no preconditions on how it should be used. This was at a time when the club was far less financially resilient than it is today.

The committee, recognizing how much Ted had given to the club over the years, felt it appropriate that first priority for these funds would be to create a trophy in his name. The intent was to use this to complement the Greenwich Cup and provide additional opportunities for members to be competitive towards a trophy.

At the time the scratch time in the Handicap was 35 minutes, and those who walked the course were effectively unable to compete against those who ran. This led to the first year of the Ted Joy as a separate competition for walkers only, however that drew feedback from the field that the walkers wanted to compete in the Greenwich Cup and not be sidelined in their own competi-

tion. So, the scratch time was adjusted and the committee put their thinking caps on.

Bias towards new members

The challenge with the Greenwich Cup is that the format has a systemic bias towards new members. Realistically, to be in with a chance of winning a member needs to get most of the available bonus points in a season, which means either getting a PB or close to a PB eight times in a calendar year. That's quite hard if you've been running seriously for a few years, but much easier if you're just starting.

That does not mean that new members will automatically win and history shows that it does not always happen. They still have to do the work, and do it better than other new members. But if they do then they have a significant advantage over more established members.

Mick's first-hand experience

I have first-hand experience here – in the past I have won the GC, primarily because I was overweight and unfit at the start of the year. If I made the effort to lose around ten kilos across the year by training then par became a 30s improvement every month. Getting a 30s PB every month

Neil Speakman ('23 Greenwich Cup) and Michael Musgrove ('23 Ted Joy Cup)





A posed tug of war with 'their dad's' Greenwich Cup between Abby and Cain is a reminder of their close tussle in 2022.

meant par became winning the GC. My competitors were already far better runners than I would ever become, but I had a systemic advantage that they could not realistically overcome.

Cain & Abby

An even better example is Cain Speakman – as a new member, he did a near-perfect Cup-worthy campaign and in most seasons would have won the Cup comfortably. The only problem was his sister Abby, who had an even better campaign and just pipped him in the final event. Seasons like Cain had are one-off events, the more he realized his potential, the harder it was for him to keep improving at the levels needed for a second serious attempt at the GC.

TJC - 2nd iteration

With that in mind, the second iteration of the Ted Joy Cup was intended to address this bias and provide a realistic competition where established members could be competitive. That is easily said – designing the criteria is a little harder.

The original criteria were based around extended participation – **members became eligible after completing their fortieth handicap**. Then came the corner cases which needed to be considered and which cloud the matter.

A member who changed from walking to running

or vice versa effectively regains their “new member” advantages. Club Founder Eero demonstrated this very effectively last year – after decades where despite usually having the fastest time in the handicap he was unable to consistently get the Bonus Points needed to win the GC. However, medical advice to switch to walking saw him recover a level of fitness over the year and rattle off the PBs as a walker and finally secure Greenwich Cup glory. Although “rattle” is a misleading word – it took work and dedication to achieve this, and Sara gave me a little insight into the discipline and effort that went into achieving this while not upsetting the medical professionals too badly.

For that reason, different disciplines are regarded as separate when qualifying for the Ted Joy. However, the need to wait for a further forty handicaps before being eligible for the Ted Joy in a new discipline does appear overly onerous and needs to be addressed.

Another corner case is a lapsed member who rejoins the club after several years – their form and potential on rejoining may be sufficiently different to when they left that they have effectively regained the “new member” advantages. For this reason, there is a clause intended to ensure



members have had a full campaign in one of the two preceding years.

As the corner cases mount up, so do the clauses and conditions needed to remain true to the original intent of the Ted Joy. These cause confusion - "I've done my forty Handicaps, why aren't I eligible for the Ted Joy" - "See clause 45(a)(ii)" gets really quite unsatisfactory. Furthermore, for cases such as Cain's the existing criteria led to years of limbo where he was effectively out of the running for the Greenwich Cup, but not yet eligible for the Ted Joy so there are yet more corner cases still to be addressed.

...to revise and potentially simplify...

And with that in mind, discussions are under way to revise and potentially simplify the criteria while remaining true to the original intent of providing alternative competition for those who are uncompetitive in the Greenwich Cup relative to newer members.

The most promising approach at the moment appears to be to use the actual performances in preceding Greenwich Cup seasons as qualification for the Ted Joy rather than simply turning up for a number of events. This would have the added attraction that members who are out of the running for the podium are still competing for entry to the Ted Joy for the following year or years. A key consideration here would be that a pre-requisite for Ted Joy eligibility would be to have at least one good crack at the Greenwich Cup.

Such a criteria could be a couple of finishes in the top ten or twenty positions of the GC, or a single podium position. Or it could be based on points totals. It could be designed to make eligibility possible as soon as a member's third year, recognising that there is still an element of longevity at the club to consider.

It would probably still need to be discipline specific for the reasons outlined above, however it could provide eligibility as soon as the second year of transitioning to a second discipline as opposed to the current system where the earliest possible is the fourth year.

We have plenty of results from previous years to test the various options against, and see how many apparent anomalies are produced. The challenge will be to find a system which is fair and reasonable, deals with (most of) the corner cases effectively, but remains relatively easy to communicate.

Whether any changes will be applied retrospectively for this year is another question to be resolved. Ultimately however, the club is run for the benefit of the members, and any opinions or feedback on the future of the Ted Joy Cup are very welcome.

Mick means it! All suggestions to the editor of Home Runs please.

By Mick Beasley



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Hobbos Greenwich and Ted Joy Cups 2026

Current Standings - Greenwich Cup

Place	Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Best	Eight	Notes	Total This	Type	Grand Total
1.	Michael Musgrove	29	31	(20)											80	e	276		276
2.	Magnus Vaisnys	31	(20)	6											57	n	7		7
2.	Neil Speakman	17	13	27											57	p	39		39
4.	Brian Armstrong	29	27												56	e	58		58
4.	Dean Crowley	6	21	29											56	n	6		6
6.	John Gray	19	16	12											47	e	119		119
6.	Philippe Delecheneau	6	17	24											47	n	28		28
8.	Eero Keranan	10	10	26											46	a	108		128
9.	Linda Viberg	6	18	(20)											44	n	7		7
10.	Karli Smith	10	10	22											42	n	6		6
10.	Tara Fairbrother	(20)	5	17											42	n	12		12
12.	Anna Bovdis	18	6	16											40	n	17		17
12.	Cain Speakman	20	10	10											40	e	44		44
12.	Jimmy Dwyer		30	10											40	n	22		22
12.	Lois Speakman (2.5km)	(20)	10	10											40	n	3		14
16.	Melissa Rutze	8	24	5											37	n	21		21
17.	Belinda Fithie	5	13	16											34	n	27		29
17.	William Hart	5	11	18											34	n	8		9
19.	Anastasia Aldred	32													32	n	19		20
20.	Diane Donoghue	(20)	5	5											30	e	49		49
20.	Peter Buissink (Walk)	(20)	10												30	n	1		1
20.	Rob Falloon (Walk)	(20)	5	5											30	n	13		105
20.	Stuart O'Neill	(20)		(10)											30	n	10		10
20.	Will McKenzie		(20)	(10)											30	n	5		5
25.	Sarah Lowe	10	5	14											29	n	26		26
26.	Helen Vaxevanis	20		8											28	n	18		18
27.	Andrew Scardino	10	17												27	p	32		32
28.	Cat McRae	5	(20)												25	n	9		9
28.	Victoria Hartos		(20)	5											25	n	4		4
30.	Matt Loader	10		11											21	n	24		24
31.	Bronwyn Rowleson			(20)											20	n	25		25
31.	Ethan Orme	10		10											20	n	3		3
31.	Mary Ellen		(20)												20	n	0		0
31.	Mary Wong		(20)												20	n	0		0
31.	Mila Williams		10	10											20	n	3		3
31.	Ray Barnard	5	5	10											20	e	100		100

Total Runs - It's Back >>>



Current Standings - Greenwich Cup

Place	Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Best	Eight	Notes	Total	This	Type	Grand Total
31.	Rene Rutze	10				10								20	n		3	3	3	
31.	Savannah Scardino	10	10											20	n		8	8	8	
31.	Shane Adams		10	10										20	n		2	2	2	
31.	Shane Eager		10	10										20	n		2	2	1	
31.	WayIn Turner		10	10										20	n		3	3	3	
42.	Karen Hayes	10	8											18	n		11	11	11	
43.	Mario Valastro	8	9											17	n		16	16	16	
44.	Helen Haralambous	10		5										15	n		14	14	14	
45.	Kevin Aldred	12												12	n		22	22	23	
46.	Elise Hardiker	11												11	n		13	13	13	
47.	Andrew Orne			10										10	n		1	1	1	
47.	Ashley Sanderson	10												10	n		16	16	16	
47.	Brynn Turner		10											10	n		1	1	1	
47.	David Butler	10												10	n		8	8	8	
47.	Evelyn Orne			10										10	n		2	2	2	
47.	Fang Chen (Missed Turn)		10											10	n		1	1	1	
47.	Freya Rees	10												10	n		20	20	20	
47.	Gaye Orlinton	10												10	n		3	3	3	
47.	Harry Scardino		10											10	n		5	5	5	
47.	Jason Rees		10											10	e		43	43	46	
47.	Jessica Crowley		10											10	n		1	1	1	
47.	John Danaher		10											10	n		10	10	10	
47.	Kaia Morris	10												10	n		12	12	12	
47.	Ken Smith	5	5											10	e		219	219	219	
47.	Kieran Leonard (Pet)			10										10	n		3	3	84	
47.	Lauren Scardino		10											10	n		6	6	6	
47.	Lisa Do		10											10	n		1	1	1	
47.	Matt Wood		10											10	n		1	1	1	
47.	Michael Slee (Walk)	5		5										10	p		35	35	180	
47.	Michael Williams		5	5										10	n		11	11	11	
47.	Ollie Rees		10											10	n		21	21	24	
47.	Peter Buissink (Walk 2.5km)			10										10	n		1	1	1	
47.	Sarah Trigger	10												10	n		2	2	2	
47.	Susan Walker (Walk)		10											10	n		1	1	1	
47.	Vanessa Coutts	10												10	n		23	23	23	
72.	Jac Wainwright			8										8	n		16	16	16	

Total Runs - It's Back >>>



Hobbos Greenwich and Ted Joy Cups 2026

Current Standings - Greenwich Cup

Place	Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Best Eight	Notes	Total This Type	Grand Total
72.	John Becroft	8												8	e	212	214
74.	David Walker (Walk)		5											5	n	12	117
74.	Graham Edwards		5											5	e	156	156
74.	Mike Newby	5												5	n	7	7
74.	Simone Trigger	5												5	n	4	4

Ted Joy Notes
e: Eligible
p: Provisionally eligible if 40 runs/walks are completed in 2026
n: Cannot complete 40 runs/walks in 2026
a: Did not complete enough runs/walks in either of 2024 or 2025

Points for Helping are shown in brackets - e.g. (20)

Number of records: 77

Hobbos Greenwich and Ted Joy Cups 2026

Current Standings - Ted Joy Cup

Place	Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Best Eight
1.	Michael Musgrove	29	31	(20)										80
2. (p)	Neil Speakman	17	13	27										57
3.	Brian Armstrong	29	27											56
4.	John Gray	19	16	12										47
5.	Cain Speakman	20	10	10										40
6.	Diane Donoghue	(20)	5	5										30
7. (p)	Andrew Scardino	10	17											27
8.	Ray Barnard	5	5	10										20
9.	Jason Rees		10											10
9.	Ken Smith	5	5											10
9. (p)	Michael Slee (Walk)	5		5										10
12.	John Becroft	8												8
13.	Graham Edwards		5											5

(p) Have not completed 40 runs/walks but could still do so by the end of 2026

Points for Helping are shown in brackets - e.g. (20)

Number of records: 13



20 x R4K - Michael Musgrove

On the 29th, March, 2026, I completed my 20th Run4Kids with about forty other people who have completed all 20 events. Run4Kids has been held since 2006 to support the Royal Children's Hospital Good Friday Appeal. To date the event has raised over \$24 million. This year Run4Kids raised \$1.32 million with about 30000 runners and walkers participating in the event.

Run4Kids provides two courses, a short course of 3.5 Ks and a long course of 14.5 Ks. Both courses include the Bolte Bridge with the long course adding the Domain Tunnel, the only time of the year when both structures are open to the public.

Since 2006 the long course has varied in distance and particularly its location. The first long

course started in Docklands and finished at the Royal Children's Hospital. Due to a number of planning oversights, this course was never repeated. For the next ten years Run4Kids started on Alexandra Avenue and finished in the nearby King Domain. Since 2015, the event has started and finished in Docklands to minimise impact and disruption to CBD streets.

The first course design was considerably flawed. The event started in Docklands and finished at the Royal Children's Hospital. Runners were re-

A large banner for the 20th anniversary of Run4Kids. The top part is purple with white text: "Herald Sun | Transurban 20 RUN for the KIDS SUNDAY, MARCH 29, 2026 runforthekids.com.au". Below the banner is a group photo of runners and volunteers at night, standing in front of a large archway. Two women are standing on the archway. To the left is a large orange Run4Kids mascot, and to the right is a purple mascot holding a green heart. A green circle highlights a man in the group photo, who is Michael Musgrove. A purple circular logo on the right says "PROUDLY SUPPORTING good Friday appeal THE ROYAL CHILDREN'S HOSPITAL".

Proudly running, walking and wheeling for the Kids since 2006



quired to leave their bags in a couple of semi-trailers. Problems arose when hundreds of runners attempting to place their bags in the trucks couldn't leave because hundreds of other people were approaching the trucks. Caught up in this mess, I had no alternative but to leave my spare clothes on the docks and carry my wallet, camera and other valuables. The first course followed an anti-clockwise direction over Bolte Bridge and through a hot and unventilated Domain Tunnel. Out of the tunnel, runners were directed along the Exhibition Extension, down Flinders Street, up Swanston Street to Franklin Street, along Elizabeth Street and finally Royal Parade to a tiny event village space at the RCH. I think you can see why Steve Moneghetti, the event director and course designer was told, "never again".

From 2007 until 2015, the event started and finished on Kings Domain, Linlithgow Avenue and Alexandra Parade. The length of the long course has varied over the years from 13.5 Ks to 15.5 Ks and followed a clockwise direction through a now ventilated Domain Tunnel, the Bolte Bridge, up Bourke Street and later Collins Street to Spencer Street, Southbank Promenade to Flinders Street along Swanston Street to Kings Domain, crossing the Yarra River five times. Starting and finishing the event in Kings Domain provided much more room for an event village, safe and efficient baggage storage.

There was a major "one off" change to the course for 2016. The long course continued north on the elevated Tullamarine Freeway, through the Soundshell, exiting left and then heading east towards the Royal Children's Hospital before turning east back towards Docklands along some hot and windy suburban streets that did not always appear to be closed to traffic.

The mathematically astute will appreciate that since 2006 there could have been 21 events. However, Run4Kids was cancelled when Covid struck in 2020, with organisers having insufficient time to plan an alternative or virtual event. A virtual event was held in 2021.

I have always found Run4Kids to be an extremely well organised and enjoyable event with facilities and processes noticeably improving each year, particularly toilet facilities. My only criticism of the 2026 event was bag storage. For years runners could drop their bags at a supervised grassed area in front of a couple of office buildings, providing plenty of entry and exit points managed by many helpful volunteers. This year bag storage moved to a fenced off area on the

VFL House side of Harbour Esplanade. Runners were required to join a long, slow-moving line with no indication of where the line was ending. This situation caused considerable stress as many runners found themselves lined up, moving slowly towards an unknown destination with only a few minutes remaining before the start of their race.

What is truly remarkable but not unique about Run4Kids is that so many people are running with family or teams in support of and sometimes sadly in memory of a young person who has bravely dealt with illness over the course of their short lives.

A special recognition and thanks is due to the Royal Children's Hospital for their remarkable work and association with the event since 2006.

To recognise the twentieth anniversary of this event, Run4Kids organised a photo shoot at the Nike store in South Melbourne a week prior to the run, importantly giving the twenty-year veterans an opportunity to meet and reminisce. Another photo shoot was conducted on race day. The organisers printed an anniversary shirt, medal and provided a generous lunch.

Michael Musgrove (59)

Footnote: Fellow Hobbo, Ken Smith has completed 19 of 20 Run4Kids events, including the 2021 virtual event.



2026 Trail Calendar

July

[Trail Running Series #2 Anglesea](#)

[You Yangs Trail Running Festival](#)

February

[Maribyrnong Valley Park Backyard Ultra](#)

[Flying Brick Bellarine Sunset Run](#)

[Oscars 100 Hut to Hut Challenge](#)

[Run the Lighthouse](#)

August

[Trail Running Series #3 Silvan](#)

[Peaks & Trails Run](#)

[Surf Coast Wonderfalls Trail Run](#)

[Bright Running Festival](#)

[Wonderland Run Grampians](#)

[Run Larapinta](#)

[UTMB](#)

March

[Warburton Trail Festival](#)

[Run the Rock](#)

[Brimbank Park Running Festival](#)

[Buffalo Stampede](#)

[kunanyi mountain run](#)

September

[Surf Coast Century](#)

April

[Werribee Mansion Run](#)

[Alpine Challenge](#)

[Run Tarra Bulga](#)

[Maroondah Dam Trail Runs](#)

October

[Macedon Trail Runs](#)

[Harrietville Half Marathon](#)

[Great Ocean Trail Ultra](#)

May

[Wilsons Prom 100](#)

[Wandi Cross](#)

[Goldrush Trail Runs](#)

[Ultra Trail Australia](#)

[Trail Running Series #1 Blackwood](#)

November

[4 Peaks Bright Alpine Climb](#)

[Grampians Peak Trail Race](#)

[Marysville Marathon Festival](#)

[Great Southern Endurance Run](#)

[Ultra Trail Kosciuszko](#)

June

[Run Forrest Half Marathon Trail Run](#)

[Surf Coast Trail Marathon](#)

[Wild Dog Backyard Ultra](#)

December

[Mt Buller Sky Run](#)

[NYE Rock Around the Clock](#)





Melbourne's leading inner-western suburbs Recreational running club!

Our club offers runners of all abilities the chance to achieve their goal, whatever that goal may be. Guests and visitors including beginners are always welcome at our events and training sessions, which are always free. We only ask that if you like running or training with us, that you support the club and join as a financial member after 3 sessions.

Our competitive membership fees, give you many benefits including Athletics Australia accredited coaches and run leaders, Insurance cover, Athletics Victoria affiliation and access to AV events and services. We also have family and reduced rate concession memberships.

Financial members qualify for discounts from our club sponsors:



John Ayton from SportsPower Williamstown (83-85 Ferguson Street)

Abby Speakman from Symmetry Physiotherapy Williamstown (84 Douglas Parade)  SYMMETRY
PHYSIOTHERAPY

Join us for Regular Group Training Sessions and Social Runs

- Track sessions every Tuesday morning (6:00am start) and Tuesday evening (6:15pm start) at Newport Park Athletic Track (or as advised), led by AA accredited coaches, including warm-up
- Hill sessions on Thursdays mornings and evenings, check Facebook
- Sunday morning Long Runs for building endurance, check Facebook
- Sunday morning Newport Lakes laps & Occasional Sunday morning Social Well-being runs

Join us for Regular Handicap Competitions, which suit all abilities

- Hobbos traditional monthly 5km Handicap for runners and walkers, on the last Saturday of every month, check-in by 7:40am. Walkers and early starters arrive early for 7:50am start.
- 1500m track events held around Christmas, Easter and Spring, and 5000m track time trial
- Winter 3000m cross-country event at Newport Lakes
- Two mile "Phar Lap" event, Monday before Melbourne Cup at the old Williamstown Racecourse
- Daylight Saving Series, consisting of some of the above events, all followed by free BBQ's

For latest training and event details, check our Facebook group page as schedules and availability can change at short notice

Website: www.hobbos.org.au

Email: enquiries@hobbos.org.au

The April handicap is #368

How many have you done?

